



## FROM THE PRINCIPAL

At the recent Awards Assembly I reflected, what would Saint Marcellin Champagnat, the founder of the Marist Brothers, have said if he was present at our ceremony? His response may have been:

One of the things that I wanted in my schools is students and staff with passion and enthusiasm for their work. This is achieved by:

- Both students and staff having high expectations
- honouring work and those who undertake it

Looking at the number of students who have received first place in course, and aspiration awards and then the stellar performances from the drama students, the musicians and the dancers; people are truly setting high expectations and people are certainly working hard. Congratulations to each and every one of you. For others your goal, your target, may be to receive one of these awards next time or be involved in showcasing your creative capabilities. For the Year 8 and Year 10 students, hopefully the performances you have seen may inspire you to undertake one of these challenging subjects next year. In 2019 all of those subjects will have brand new spaces to learn your craft and wonderful teachers to assist you.



You have an enduring College motto: Agnoscere et Diligere – To Know And To Love. Your motto calls each member of your community to know deeply and to love intimately: God, oneself and other people. It challenges each person to respect themselves and to respect other people. And at the heart of education at Marist has to be the emphasis on the values of Jesus Christ. I, Saint Marcellin Champagnat, wanted the schools established in my name, the brothers who ran them and the lay teachers who carry on the Marist tradition: to promote the person and values of Jesus Christ - but in a special way. Other religious orders, Jesuits do the same, Benedictines do the same, Franciscans do the same and the Sisters of Mercy do the same. Marists do it in the way of Mary.



The values of Jesus that all should be showing are: love, justice, service, forgiveness, faithfulness and relationship with God the Father through prayer. And the specific approach of Mary? Doing good quietly, having dust on your feet, being prepared to get your hands dirty and leading by example.

A specific way of being respectful of others, showing genuine love and care for others is through the Marist Charism of presence. How do you do this?

- By being present to others,
- listening to them and
- taking them seriously
- giving good example
- encouraging them

I wish all parents, carer staff and students all the best as we strive to 'Make Jesus Known and Loved'.

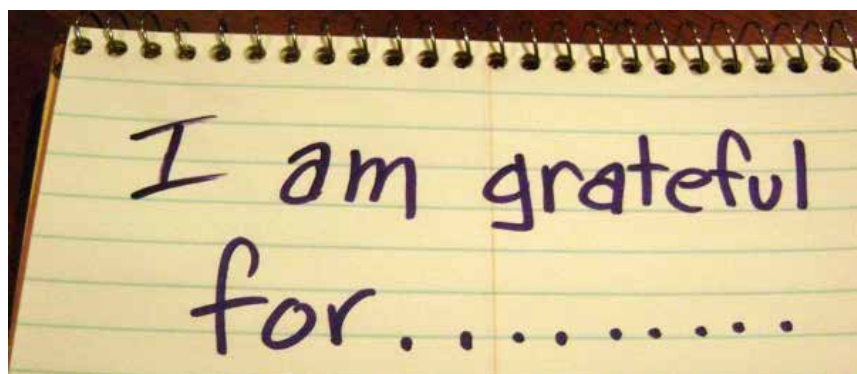
**Mr Ray Martin - College Principal**

Term 3 College fees are now overdue for payment. Payments can be made by cash, cheque, eftpos or BPay. Thank you to those families who have already settled their accounts.

Year 12 families please note that failure to finalise your College account may result in your son not attending Year 12 Graduation events.

**Mrs Joy O'Sullivan - College Bursar**

## FROM THE ASSISTANT PRINCIPAL CULTIVATING AN ATTITUDE OF GRATITUDE



Our relationships with others are the greatest determinant of our happiness. So it makes sense to think of other people as we build our gratitude. The benefits of practicing gratitude are nearly endless. People who regularly practice gratitude by taking time to notice and reflect upon the things they're thankful for experience more positive emotions, feel more alive, sleep better, express more compassion and kindness, and even have stronger immune systems. Furthermore, research by educational psychologist Robert Emmons suggests that focusing our gratitude on people for whom we're thankful rather than on circumstances or material items further enhances benefits and experience.



Last Thursday, our Year 7 students practised the art of gratitude in Pastoral Care. They reflected on stories about gratitude and also thought about significant people in their lives that support and assist them every day. They then wrote a gratitude letter to one of these individuals and gave it to them.

Gratitude isn't just for school students either. Try to practice gratitude by asking questions on the way home from school, around the dinner table, or before bed. Start the conversation by asking:

- What were three good things that happened to you today?
- Why were they good?
- Who helped you with them?
- How could you have this happen again?

Try this for three weeks and your family may be happier, healthier, and closer.

### **PARENT / TEACHER RELATIONSHIPS**

Last week saw some wonderful examples of parental support for our College. I was delighted to see so many proud parents join us to celebrate the academic achievements of our students at our Awards Assembly. There were also just as many proud parents at the Assembly who came to watch their son or daughter's music, dance or drama performance. The parents I spoke to after the Assembly were deeply appreciative of the efforts of staff to bring out the best in their children. They praised the teaching staff for their support and dedication in providing their child with opportunities - whether it be in their academic learning, in the sporting arena or in extra-curricular cultural pursuits. This reminded me of how much warmth and good will there is in our community at Marist.

Researchers acknowledge that one of the greatest influences on a student's performance at school is their relationship with their teacher. Put simply, if a student likes their teacher and knows that their teacher cares and takes an interest in them, then they will be motivated to do their best. Just as student / teacher relationships are vital, I also want to put forward that parent / teacher relationships are just as important not only for the wellbeing of our school's culture, but also so a student may perform his or her best. If a child knows that their parents respect and value the teacher and their efforts, then they are more likely to work for that teacher.

Of course we need to acknowledge that just as there is the occasional tension between a student and teacher, this may also occur between a parent and a teacher. We are not saying that parents should not raise concerns, but we are saying concerns should be voiced in an appropriate manner to the appropriate person. Teachers are people, they are not perfect, they make mistakes and we are tempted at times to launch into an email tirade rather than pick up the phone and raise our concerns in a calm and clear manner.

The parents and teachers of Marist Catholic College Penshurst join together for a common purpose, that is, to see our boys and girls grow in their learning and values. Marist is a community rich in relationships and we need to continue to work hard to keep it that way.

**Mrs Connie Frino - Assistant Principal**

## SEMESTER 1 AWARDS

ACADEMIC ACHIEVEMENT					
YEAR 7			YEAR 8		
Ryan	Chandler	English	Camryn	Barrins	Catholic Studies
Ryan	Chandler	PDHPE	Camryn	Barrins	Geography
Bianca	Fiamengo	PDHPE	Camryn	Barrins	Technology Mandatory
Bianca	Fiamengo	Catholic Studies	Jasmine	Casey	Geography
Bianca	Fiamengo	Science	Jasmine	Casey	Italian
Connor	Fitzgerald	Music	Jasmine	Casey	PDHPE
Brandon	Huang	Mathematics	Jasmine	Casey	Technology Mandatory
Brandon	Huang	Science	Noella	Hage	Catholic Studies
Filip	Lisica	Science	Amber	Helliwell	Visual Art
Jennifer-Tyler	Lo	Technology Mandatory	Amber	Helliwell	Geography
Joshua	Scott	PDHPE	Erica	Hing	Visual Art
Eleni	Velonas	Music	Elayna	Karahalias	Mathematics
Eleni	Velonas	Geography	Chalene	Kuklin	English
			Erini	Papagianopoulos	Catholic Studies
			Natalie	Puljic	Visual Art
			Misya	Veona	Mathematics
			Georgia	Xippas	Science
YEAR 9			YEAR 10		
Charlotte	Bulmer	Drama	Zale	Briscoe-Hough	Mathematics Accelerated
Adam	Burridge	English	Zale	Briscoe-Hough	Science
Eleni	Condylis	Visual Art	Sabina	De Leon	English
Sienna	De Marcellis	English	Sabina	De Leon	Food Technology
Sienna	De Marcellis	Italian	Peter	Elhawi	Industrial Technology- Timber
Kristen	De Stefano	Geography	Rakel	Gunaidi	Catholic Studies
William	Finn	Industrial Technology - Timber	Rakel	Gunaidi	Drama
Amelia	Giovenali	Food Technology	Jacinta	Gunawan	Catholic Studies
Amelia	Giovenali	Science	Riana	Hing	Design and Technology
Chloe	Jones	Drama	Riana	Hing	Geography
Joshua	Keedle-Ortiz	PASS	Riana	Hing	Visual Art
Victoria	Kolmac	Commerce	Mitchell	King	Industrial Technology - Multimedia
Olivia	Lawecki	Industrial Technology - Timber	Rebecca	Li	Catholic Studies
Patrice	Merkouris	Drama	Jia	Li	Music
Patrice	Merkouris	English	Lytic	Parcarey	PASS
Georgia	Mitropoulos	Dance	Jonathan	Remfrey	Music
Tali	Nemr	Catholic Studies	Adrian	Ristevski	Graphics Technology
Tali	Nemr	Industrial Technology - Multimedia	Damian	Scalone	Catholic Studies
Tom	Pitkethley	PDHPE	Damian	Scalone	Commerce
Zoe	Pitkethley	Visual Art	Damian	Scalone	Mathematics
Marcus	Riger-Bregovic	Music	Damian	Scalone	PDHPE
Gabriela	Shashati	Mathematics Accelerated	Katie	Schwarzal	Commerce
Mia	Szczepanik	Visual Art	Katie	Schwarzal	Design and Technology
Mia	Szczepanik	Design and Technology	Nicholas	Stathakis	IST
Nicolette	Tsiknis	Mathematics	Alonso	Thomas	PDHPE
Tayla	Wyatt-Tandek	PASS	Demi	Zissis	Dance

ASPIRATION AWARDS							
YEAR 7		YEAR 8		YEAR 9		YEAR 10	
Sophie	Bulmer	Joshua	Barone	Bronte	Borchok	Mathew	Barbara
Nathan	Care	Kathryn	Fletcher	Natalie	Lo	Max	Black
Christopher	Dinoris	Anthony	Fonti	Jacob	McGraw	Romeo	Lim
Isabella	Grant	Daniella	Giunta	Jacob	Momi	Adam	Saric
Harry	Kontrafouris	Cameron	Graham	Sara	Sullivan	Clare	Scheuer
Evani	Kumar	Jerome	Vescio				
Aidan	Mullen						
Annamaria	Psaltis						

## SCHOOL READINESS TEST 2018

Any school in NSW who is transitioning to NAPLAN Online in 2019 will need to participate in a School Readiness Test (SRT) between 20 August to 7 September 2018. Only secondary schools in Sydney Catholic Schools will participate in this readiness test this year.

Marist Catholic College Peshurst will hold the tests during Period 1 on Friday 24 August and Tuesday 28 August and Years 7 and 9 will participate.

The test will ensure schools are ready to undertake NAPLAN Online the following year. It also allows students and teachers to familiarise themselves with the online system and experience the test delivery method.

The school readiness test is a 'practice run' for schools to assess their technology ahead of NAPLAN Online. The readiness test is not an assessment of student ability. The readiness test allows schools to:

- become familiar with the NAPLAN Online test format and processes
- check whether they have the technical capacity, rooms and devices to administer NAPLAN Online
- provide students in NAPLAN Years 7 and 9 with the opportunity to experience the online test question types and format by completing a practice NAPLAN online test.

Information has been emailed to students and parents. If you have any questions, please contact Mr Dooner.

**Mr Michael Dooner - Director of Curriculum**

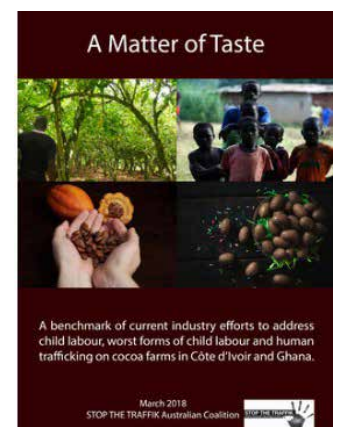
## SHOP TO STOP SLAVERY

On Thursday 16 August, four of our SRC members presented 'Shop to Stop Slavery' at assembly. 2018 is the year that we focus on Human Trafficking and Human Slavery as a Catholic community. The assembly began with a catwalk of fashion whereby students and teachers skillfully presented the latest trends in fashions. We asked students to consider clothing companies and how these companies utilise workers in the production of their clothing. We also highlighted brands of chocolate that have been identified as using slave/child labour in their manufacturing outlets.

Please use the links below to research the brands you purchase, to discover if they use slavery or exploit their workers. We must Do More as a community. We have the power to make a difference. Shop to Stop Slavery.



**Travis Giannarakis, Ross Green, Damian Scalone and Sabina De Leon - SRC Leaders**



## YEAR 9 ENGLISH EXCURSION

On Monday 6 August Year 9 had the pleasure of seeing a live performance of 'Romeo and Juliet' at the Sydney Opera House. We left midway through recess and caught buses into the city where we joined two other schools to watch the play. The Bell Shakespeare performance was a unique take on the famous Shakespearean play about 'star crossed lovers' that are born into feuding families. The play clearly presented the themes of love, conflict and fate. This term in our English classes we are studying Shakespeare's works, in particular Romeo and Juliet. Our teachers are helping us to understand his language and meaning behind his sonnets and plays. Experiencing one of Shakespeare's plays first hand really enhanced our knowledge of Romeo and Juliet which will help us when we are assessed on the topic in Term 4. Overall, the day allowed us to explore the works of William Shakespeare in more detail and everyone enjoyed the play.



**Adam Burrige and William Finn (Year 9 students)**

## YEAR 10 MACBETH EXCURSION

On Wednesday 4 August the Year 10 cohort visited the Seymour Centre to see a production of Shakespeare's Macbeth. As we entered the theatre we were met with a dark and eerie stage. We were immersed in the sound of thunder and wind and were frightened by the shouts and screams of the performers as they came from all around us to begin the play. With a cast of only 10 actors, they put on an amazing performance of the play, that in some cases, seemed to be real. The production has given us an incredible insight into the play in a way that reading it could never recreate.



**Zale Briscoe-Hough - Year 10 Student**

## SCC DANCE

On Tuesday 7 August, the Marist representative dance squads travelled to Hurstville Civic Centre to compete in the St George Dance Eisteddfod high school categories. This competition is open to all high school dance troupes and the day proved to be quite competitive. Our dancers displayed their incredible skill with all four dance troupes putting on outstanding performances. The girls demonstrated a wonderful comradery amongst themselves and showed great pride in their dances and our school. The results were outstanding with Hip Hop taking out 1st place yet again, Intermediate Jazz received 1st place, Contemporary placed 3rd and Junior Jazz also placed 3rd. I am so proud of what all the dance squads have achieved this year and look forward to seeing what the future has in store for dance at Marist Penshurst. Congratulations to all our dancers!



**Miss Samantha Rothwell - Dance Teacher**

## SPORT RESULTS

SCC					
BASKETBALL	RND	OPPOSITION	WIN / LOSS	SCORE	COACH
Junior	3	Mary MacKillop	Loss	20 - 30	Miss Chloe Nasr
	4	De Las Salle, Bankstown	Win	23 - 21	
Intermediate	3	Mary MacKillop	Win	69 - 7	Ms Anna Le
	4	De La Salle, Bankstown	Win	106 - 0	
Senior	3	Rosebank	Loss	4 - 28	Ms Rachel Thompson
	4	Casimir	Loss	11 - 27	
SOCCER	RND	OPPOSITION	WIN/ LOSS	SCORE	COACH
Junior	3	Mary MacKillop	Win	3 - 0	Mr Jon Cullerton
	4	De La Salle, Bankstown	Win	7 - 0	
Intermediate	3	Mary MacKillop	Win	7 - 0	Mr Michael Falzon
	4	De La Salle, Bankstown	Win	8 - 0	

CBSA					
AFL	RND	OPPOSITION	WIN/ LOSS	SCORE	COACH
Junior	3	Bye			Mr George Karpouzios
	4	De La Salle, Revesby	Win	60 - 14	
Intermediate	3	Bye			Mr Matthew Smith
	4	De La Salle, Revesby	Win	42 - 13	
FUTSAL	RND	OPPOSITION	WIN/ LOSS	SCORE	COACH
Senior	3	St Charbels	Win	6 - 4	Mr Michael Way
	4	Five Dock	Loss	6 - 10	

## COUNSELLOR'S CORNER

**Engaging Adolescents**

Engaging Adolescents is a program for parents and carers with teenagers and children over 10 years. This 3 week course provides parents and carers with easy-to-use techniques to:

- enlist adolescents to manage their own behaviour problems and emotional reactions
- build their relationship with their teenager
- dealing with unacceptable behaviour while maintaining reasonable expectations of their adolescent

Parents will walk away with a new understanding of adolescents and a renewed sense of confidence about the role they can play in their teenagers' lives, without conversations morphing into arguments.

**Program Details:**

Event Leader/Facilitator: Michelle Cuthbertson

*Practitioner in Qualified Facilitator in Engaging Adolescents, 1-2-3 Magic, Circle of Security and over 40 years' experience in parenting course design and facilitation.*

Phone: 9153 6300

Weekly: 7:00pm - 9:30pm Tuesday 16, 23, 30 October 2018

Cost: \$45 includes a manual

Location: Georges River Life Care - 23 Stanley St, Peakhurst 2210

District: South Eastern Sydney

**Mr Rodriigo Valentino, Ms Carmel Coleman - College Counsellors**

*To our special Fathers,  
Grandfathers, Uncles and Carers,*



*Please join us for a special Father's Day  
prayer and breakfast*

*Friday 31<sup>st</sup> August 2018  
8am in LaValla Centre*

*Following our prayer, egg & bacon rolls, tea  
& coffee will be served.*

If you are able to join us [please click here](#) to RSVP your  
details prior to Monday 27 August.