



FROM THE PRINCIPAL

On Wednesday 25 May a meeting of the P & F was held at the College. As noted in previous editions of the newsletter the P & F elections were one of the items for this meeting to consider. Congratulations to Mr Reg Soares who was elected P & F President. The College expresses gratitude to previous P & F President Mrs Donna Bristow, Vice President Mrs Maria Campagna and Secretary Mr Anthony Hayes for their service and support of the College – your assistance over the years is very much appreciated.



Mr Reg Soares
P & F President

Next week is Champagnat week at the College where we as a community, celebrate the Feast day of St Marcellin Champagnat on 6 June and throughout the week offer many opportunities to have some fun as a community. Celebration is an important part of our 'Vision for Learning' at Marist Penshurst.

St Marcellin Champagnat founded our worldwide community of Brothers. He followed his calling from God with the simple and ordinary Christian faith in his heart together with hard work, simplicity and family spirit.

The Logo that was chosen for the Canonisation of Marcellin consists of three interwoven symbols.

The letter "M" at the centre has been a special Marist symbol from the early days, suggesting Mary, Marcellin, Marist and Mission. Planet Earth symbolises a mission to the entire world, every country and every diocese without boundaries. The essential spiritual dimension of the mission is suggested by the halo which encircles and completes the image. This image is also part of our College crest.



The mission of Marist schools is to lead young people to know and love Jesus, in the way of Mary, in the belief that they all can become good Christians and good citizens. Inspired by St Marcellin Champagnat, Marist educators, before all else, love their students. Their approach is marked by simplicity, family spirit, love of their work and presence in the midst of those whom they are called to serve.

Every year we have a special mass to celebrate the life and work of St Marcellin Champagnat. We also recognize students and teachers who have displayed in their work the qualities that Marcellin saw as being important. This year the Mass will be celebrated at the College in the Champagnat village at 10am. In the case of wet weather a message will be on the College website informing of alternative arrangements.

This year we are also taking the whole school to Luna Park on Friday 10 June as part of our community celebrations. Days like this are a great memory for the students and a way of further developing the Marist Community.

Mr Ray Martin
Principal



Now Enrolling Year 7, 2018

Do you have a child in Year 5?
Families and friends of students interested enrolling at Marist Catholic College Penshurst for Year 7, 2018 are reminded that enrolments close on 22nd July, 2016.

IMPORTANT DATES

Fri 3 June	Staff Development Day	Fri 10 June	Champagnat Day Celebrations Luna Park - Whole School
Mon 6 June	Champagnat Day Champagnat Mass 10am (Please check the College website in the event of wet weather)	Mon 27 June	Year 7-10 Parent/Teacher Interviews 2pm-8pm
Mon 6 June	Year 11 Parent/Teacher Interviews 3.30pm-8pm	Tues 28 June	Year 7-10 Parent/Teacher Interviews 10am-3pm
		Fri 1 July	End of Term 2

RELIGIOUS EDUCATION NEWS

MSA REGIONAL GATHERING

Over 50 people from Marist schools in Sydney's Eastern region met on Friday evening 27 May for the Marist Association Regional Gathering at Champagnat Catholic College Pagewood. The evening started with a prayer in the chapel giving thanks for the gift of the Marist expression of Church, given birth 200 years ago, where on 23rd July 1816, the day after their ordination, twelve Marist aspirants, priests and seminarians, including Marcellin Champagnat, climbed the hill to the shrine of Our Lady of Fourvière. On the following day they placed themselves and their project under Mary's special protection.

We then unpacked the new 'We Marist' document focusing on becoming familiar with and personally connect with the contents and began some initial thinking and planning using the priorities named in the document.

- Called to mystical attentiveness (the personal spiritual, discerning, formative dimension)
- Called to Prophetic action (the doing, action, mission dimension)
- Called to be people of Communion (the community, spiritual family, wider Church dimension)

Additionally, we looked at the four major ministry areas. The 'Marists' who are intentionally and consciously ensuring that our spirituality and Marian way continue to shape and give life to these ministries are the people of the Association. As a call to be prophetic, we watched a short documentary on The Fratelli Project, a joint educational mission effort by Marist Brothers and De La Salle Brothers to assist displaced Syrian Refugees and respond to the needs of alienated youth.



Author Richard Flanagan also gave an account of the crisis in Syria. 11 million displaced people with 6 million that left the country, fleeing starvation with no medical or support services. He compared the disaster to the massive fires or floods we have in Australia occurring every day for the past five years. He went on to say that; there is no other time to help these people we only have 'now'. We must have an enlightened attitude and greet these people with compassion and understanding of the profound trauma they have experienced, as victims and not perpetrators of terrorism.

The evening finished with hospitality provided by students who undertake a Food and Beverage course at the College Trade Training Centre.

I would like to thank Dominic Ritchie and Mark Patterson from Champagnat Catholic College who assisted in the planning and running of the night and all those who attended to make it a successful evening.

Mr Declan Donohue - Religious Education Coordinator

ST MARY HELP OF CHRISTIANS

On the 24th May fifteen Year 11 students accompanied by Mrs Eussen and Mr Donohue travelled to St Mary's Cathedral for the special occasion of the solemn feast of Our Lady, Help of Christians. All secondary schools in the Archdiocese of Sydney were present at this event.

St Mary Help of Christians is the patroness of the Catholic Church in Australia. The Mass was a time of praise and reflection on our lives. Bishop Terry Brady was the main celebrant of the Mass in commemoration of the feast day and Mrs Eussen and Mr Donohue were also present. Overall it was an amazing day.

**Deion Gunawan, Elroy D'Souza,
James Fitzgerald and Thomas Jorgensen**



YEAR 12 MODERN HISTORY EXCURSION

On Friday May 20th, the Year 12 Modern History class visited the Sydney Jewish Museum. Students had the opportunity to study in depth the complex and tragic relationship between the rise of Nazism and the destruction of two thousand years of European Jewish life. Complementing this experience was the first-hand survivor testimony by Gertrude in order to understand the human effect of these turbulent years. Students were also able, through a close examination of artefacts, to explore key aspects of this period such as the implementation of the Nuremberg Laws, the breakdown of democratic structures, the role of propaganda and the experience of Kristallnacht.



I would like to complement the boys on their participation and involvement, in addition to their maturity and respect on the day.

Miss Lydia Curis - HSIE Teacher

YEAR 9 EVANGELISATION DAY

On Wednesday 18th May, a group of Year 9 students travelled to Mount St Joseph's school at Milperra. The theme of the day was "No Greater Love" and focused on the Jubilee Year of Mercy. Two world-renowned Catholic youth speakers Jason Evert and Steve Angrisano hosted the event. Jason Evert gave an interesting speech about chastity and devoting our lives to loving everyone. Steve Angrisano showed the importance of God's unconditional love through use of songs, interactive activities and stories.



Overall, it was a worthwhile and interesting day that provided us with a new perspective on different youth issues. All students who attended the event, thoroughly enjoyed the experience, and were satisfied with the overload of knowledgeable advice that we received by both presenters, who transmitted their passions for Christ into the hundreds of students watching.

By Edward El-Jalkh and Jerry Fanos - Year 9 Students

YEAR 10 GEOGRAPHY EXCURSION

On Tuesday 31st May, Year 10 Geography students along with their teachers embarked on a geography skills day at Chipping Norton Environmental Education Centre. Leaving wet and chilling conditions in Penshurst, the students enjoyed a hands-on skills day in sunny Milperra. This day consolidated essential geography skills, which are an essential part of our curriculum. Activities included: water quality testing, measuring strategies, water and waste management issues and George's River flora and fauna awareness.



It was an enjoyable day and an opportunity to take learning beyond the classroom. A big thank you to all the students and teachers involved.

Ms Anne Collins HSIE Teacher

PENSHURST PARENTS

On Wednesday 25 May approximately 75 Parents and Friends gathered for the first Penshurst Parents evening for 2016. Our special guest Rocky Biasi, Counsellor and Workshop Presenter from 'Human Connections', worked with parents on supporting their child through the senior school experience. The presentation "Coping & Succeeding with Senior School and the HSC", explored 7 critical aspects in supporting and motivating our children to achieve their academic potential and be at their best during this time.

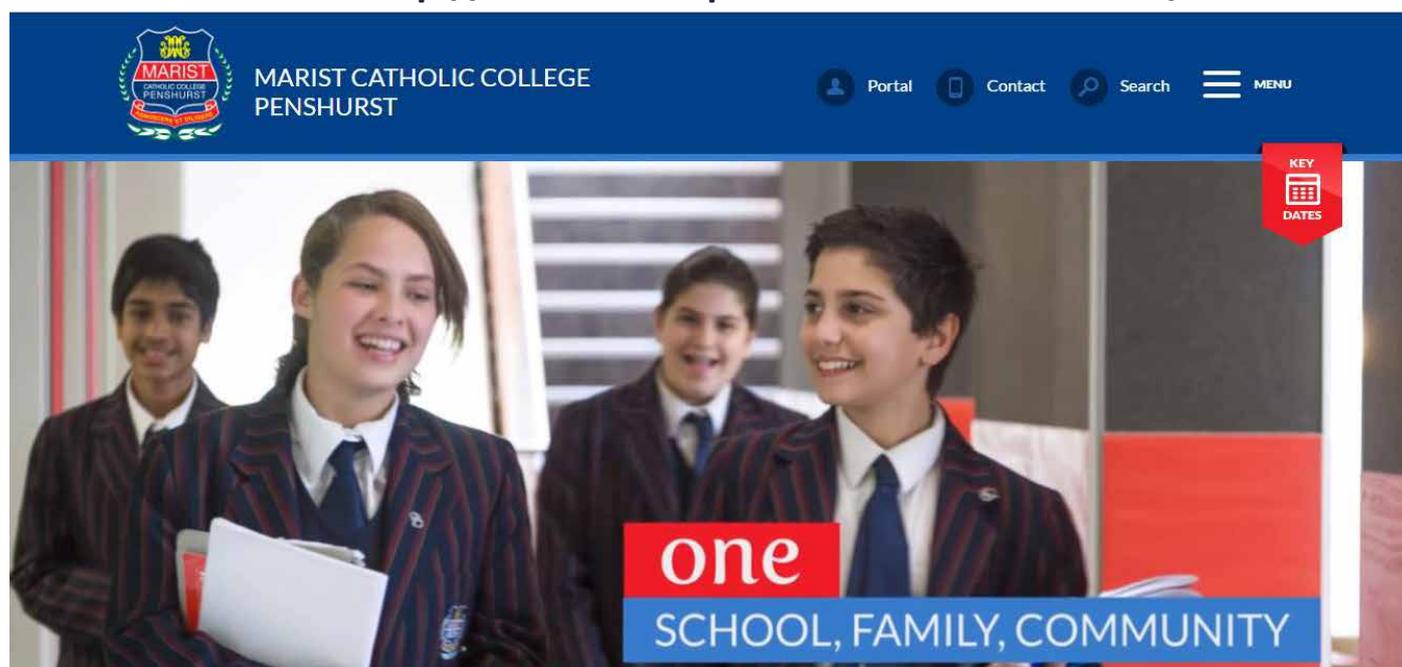
The evening was a tremendous success with positive feedback from our parent community, who found the presentation to be very informative, interesting and enjoyable. It was very encouraging to see parents of students from all year groups attend this evening. Our next Penshurst Parents evening will be held in Term 3. Details will be posted on our 'Penshurst Parents' page on the College website early next term. I look forward to seeing you then.



Mr Brian Vane-Tempest
Director of Strategic Planning & Communication



COLLEGE WEBSITE - <http://www.maristpenshurst.catholic.edu.au/>



SEARCH:

Located on the header of each page next to the menu is the search icon. This feature allows you to type in a word or phrase to assist you in finding the information you are looking for. The results page will display all those pages on the site that have a reference to the search item you are after.

EVENTS:

The front page of the website displays upcoming events at the College. These events are also displayed on the 'Upcoming Events' page located on the menu. For a full list of events at the College visit the 'Key Dates' page which was featured in the previous edition of the newsletter.

NEWS:

Major news items are displayed on the front page of the website. These items will showcase the involvement of the students and community members in a range of activities at the College. News items are also displayed on the 'Latest News' page located on the menu.

Mr Brian Vane-Tempest - Director of Strategic Planning & Communication

SPORT

SCC/CBSA TOUCH FOOTBALL

Congratulations to the following students who were selected in Representative Touch Football teams to compete in the NSWCCC Touch Football Championship in Dubbo on Tuesday 7th June:

SCC U/15's:	Alicia Langley, Zoe Pitkethley
CBSA U/15's:	Jamie Lawler, Sid Noppen, John Dufty
CBSA Senior:	Jacob Merlino, Jarrod Maloney, Dion Taylor, Patrick Allison

CBSA Junior Football

Results:	Round 1 –	3-1 Loss to Marrickville
	Round 2 –	BYE
	Round 3 –	Lakemba forfeit
	Round 4 –	2-2 Draw Cathedral
	Round 5 –	2-0 Win over Punchbowl

MCCP's Junior Football side has been making some steady progress, through some dedicated efforts at training and great spirit shown on the field. The season started with an unfortunate loss to Marrickville when the team hadn't yet had time to gel. Since then we have had a bye and unfortunately Lakemba forfeited due to their late arrival. Round four revealed us as being a real force in this competition, going up against the competition leaders in Cathedral we were down 2-0 early but the boys showed tremendous fight and scored two second half goals to grab a draw. The team is really coming together and with our first official win over Punchbowl in round five we have moved into third spot on the table!

Mr Jon Cullerton - Coach

STUDY SKILLS TIPS - JUNE

HOW MUCH TIME SHOULD YOU SPEND ON SCHOOLWORK?

Please take the time to read the following study tips with your child. These study tips are provided by Prue Salter who is an expert in assisting students to develop the skills and techniques necessary to successfully organise and maximise their studies.

In previous tips we have covered the concept of independent learning. In secondary school if you do not have any specific homework or assessments to work on, you are then expected to spend some time that night on independent learning. This is where you ask yourself, what else COULD I be doing that will help me understand my subjects better and improve my results? Examples of independent learning are: reading ahead in your textbook, making a mind map about what you have been learning, doing extra research on a topic that interests you, making study notes, reviewing work you find difficult... the list is limitless!

However schools do not expect students to spend ALL of their time on schoolwork! We want you to play sport, see your friends, spend time with family, do activities you enjoy and have some rest and relax time as well. If you work effectively, then you can do your work for school, but still have a life! So given this, how much time are you expected to spend on schoolwork? It depends on your year level, your school, your parents and your own abilities and goals. First, check your school diary or ask your teacher what is expected at your school. Then discuss these outlines with your parents and see if you can both agree what is right for you.

As a general rule, expected time to spend on schoolwork at home:

JUNIOR YEARS: In the first years of high school students usually do at least half an hour to an hour each day. In many schools it is around 1-1.5 hours on average or 7-10 hours over the whole week.

MIDDLE YEARS: In the middle years of high school it should be at least an hour. In many schools the average is around 1.5-2 hours or 10-14 hours over the whole week.

SENIOR YEARS: In the final years of high school students do at least 1.5-2 hours a day and this will increase as students approach the end of their schooling. Most Year 11 students do 2-3 hours per day (14-21 hours over the whole week) and in Year 12 around 3-4 hours (21-28 hours over the whole week).

Remember this is just a guide. Some parents and some schools will expect more (or less!) so treat these as guidelines.

FAQ 1: What about the weekend?

The amount of time students need to spend on schoolwork on the weekend will depend on their current workload. Most students will need to spend at least the same amount on the weekend on schoolwork as they do during a weeknight.

At the same time, it is important not to overdo it! You do need relaxation and time to yourself. It is important to spend time with family and friends and doing things you really enjoy. You also need to ensure you are getting enough sleep.

FAQ 2: What is a fair and realistic amount of time each week to spend on your personal activities?

There is no easy answer. It depends on how well you use your spare time. A student might have absolutely no other activities and oodles of spare time but still do less than half an hour a night of schoolwork.

Another student might have huge amounts of extra-curricular activities but manage their time well and easily do 1.5 hours of homework and work for school a day. In fact, if you have lots of time spare you are often less productive in that time. But if you are busy in your life it forces you to be more productive in the time that is available.

FAQ 3: What about going out? How does that fit in with time management?

There is nothing wrong with going out Saturday nights with friends if it is OK with your parents provided that you do some work on Saturday morning or Sunday (or both) and provided you don't have too late a night – otherwise you will not be able to work very effectively the next day.

The key is to find a balance. And avoid the Sunday night blues - where you leave everything to the last minute on the weekend and run out of time.

Mr Moe Akkawy
Director of Pedagogy and Administration

