FROM THE PRINCIPAL

ST MARCELLIN’S LIFE

Last week, Marist Catholic College Penshurst joined Marists throughout the world to celebrate the Feast of St Marcellin Champagnat, the founder of the Marist Brothers and the person who inspires educators who seek to live the spirituality of Mary, the mother of Jesus. Marists do this in a variety of ways such as through prayer, attending a special Mass, learning more about Marcellin or by carrying out a service in his name.

Marcellin grew up in France. He was born in 1789, the year the French Revolution commenced, a year of turmoil. He grew up in a large family and consequently learnt to share life with his brothers and sisters. Marcellin enjoyed his family life on the farm, tending the sheep and developing his entrepreneurial skills through selling some of these sheep. Marcellin’s father was active in the politics of the Revolution, while his mother, a very religious woman, spent most of her time caring for the family. Marcellin’s early days, therefore, were influenced by parents who contributed to his growth in very different ways.

A chance visit to the family farm by a priest sowed in Marcellin’s mind and heart the desire to become a priest. It was then that his lack of basic education came against him and he had to work hard to overcome this handicap. In the seminary he met a group of young men inspired with a vision of founding a Society of Mary, priests, sisters and lay people, working to rebuild the Church, a humble and serving Church, in the spirit of Mary.

Once Marcellin was ordained, the local Bishop appointed him as curate to a small village named La Valla. It was during this time that Marcellin finally believed God was calling him to found a community of Brothers who would help educate young people. In France, after the Revolution, there was a great need for competent teachers and the Church was keenly aware of the equally important need to educate these young people in the Catholic faith.

Marcellin’s commitment to his priestly duties included taking every opportunity to teach young people their catechism. He soon got to know the local families, visiting them on foot as often as he could. These people could see Marcellin’s love of God and his special devotion to Mary. His enthusiasm was contagious, inspiring others to also become teachers of the faith.

Our school is built on this early tradition. At this time each year we particularly focus on the legacy of St Marcellin, providing us with the opportunity to reflect on these origins and to reinterpret them for our contemporary world.

OUR CHAMPAGNAT WEEK

On Monday, 6 June we celebrated the Feast of Saint Marcellin Champagnat at our first ever outdoor Mass. In particular we remembered the way he embraced mercy through his actions of compassion and a genuine openness to others. Marcellin, through his daring imagination, gave birth to a vision where all young people could encounter and experience the love of our Merciful God. His work encouraged and challenged the methods of education with a goal of transforming the hearts and minds of all. Marcellin was a man who continues to invite us to look beyond, with strong and gentle hearts, recognising that we all have a place.
The Spirit of Marcellin Champagnat continues to be an active presence in our community and influences the way we live our daily lives. We imitate his approach of nurturing, showing empathy and gathering all those who are affected by the injustices of this world, as we embody a spirit of family to all those we serve. In this Year of Mercy, let us model the maternal face of the Church, to act as Marial people, so that we too, like Marcellin, become bearers of joy, justice and love.

Fr John Crothers led us in a superb liturgy and the students who conducted themselves in a most reverend, respectful manner must be commended. The individual singing on the day from Jacinta and Deion Gunawan was brilliant and the mass would have been an event that Marcellin was proud of. Thank you also to Fr John, Br Tony, Mrs De Andrade, The Ministry team and to all the students and staff who had significant roles in the Liturgy. It was the combined efforts of all that ensured a very prayerful and joyous celebration.

Following the Communion Rite there was a number of special awards. These were:

1. The badging of our Year 7 Class Leaders

Our new leaders are:
- 7-1 Charlotte Bulmer
- 7-2 Luca Mattheos
- 7-3 Jacob Momi
- 7-4 Billy Finn
- 7-5 Erika Mazevski
- 7-6 Jessica Asal

2. Presentation of Staff Service Awards

which acknowledged, celebrated and thanked staff members who have contributed a significant amount of their working life to Marist Education. These teachers have ensured that through their vocations, they have made Jesus Christ known and loved in all that they do. Our recipients were:

10 Years’ Service:
- Mrs Catherine De Andrade
- Mrs Amanda Fournaris
- Mr Ray Martin
- Mrs Jennifer Trainor

20 Years’ Service:
- Mrs Debbie Wand

3. Presentation of Student Champagnat Awards

acknowledging students who have lived out values that Marcellin instilled in the early Brother. Our recipients were:

- Year 7 Charlotte Bulmer, Connor Da Lapa-Soares
- Year 8 Abbie Hayes, Luca Valente
- Year 9 Aaron Borg, Jerry Fanos
- Year 10 Christopher Kesoglou, James Tzortzatos
- Year 11 Jonathan Kinezos, Ross Tzaneros
- Year 12 Elijah Assaly, Ryan Morgan

Year 7 Leaders: Jessica Asal, Erika Mazevski, Billy Finn, Jacob Momi, Luca Mattheos, Charlotte Bulmer

20 Years - Mrs Debbie Wand and Principal Mr Ray Martin
4. Presentation of Staff Champagnat Award. St Marcellin was often heard saying: “I cannot see a child without wanting to let him know how much Jesus Christ loves them.” It is through the humanity of Christ that we see God in all those around us. It is this passion that calls us to serve and so it is appropriate that we acknowledge and celebrate a staff member each year who has contributed so much to the Marist community.

It is with great pleasure that we congratulate Ms Anne Collins on receiving the 2016 Staff Champagnat Award.

Her citation read:
‘The award winner has constantly lived out Marcellin’s message of love, community and respect by their exceptional presence and care offered to students. Being a friendly and generous person always volunteering to do things over and above, what is expected of her. Often times stepping in for many leaders at the school and does an exceptional job. Does things without a fuss, without complaining and with a smile on her face. Has a wonderful positive attitude towards learning and always puts the needs of the students first. This person inspires others to have fun and be their best. A wonderful organiser of events, particularly in the organisation of food and catering – She loves to have fun and try different things.’

During the week the College held a quiz which was won by homeroom 11-1. There were also staff vs student volleyball and netball games. This year the staff won a tight volleyball game 2 sets to 1, but were no match for the students in the netball! The week was concluded with our day at Luna Park.

Mr Ray Martin
Principal
FROM THE ASSISTANT PRINCIPAL

The celebrations, customs and rituals of any school reveal a great deal about its culture. How people link their past with their present, what behaviours are reinforced, what assumptions are at work and what is valued is very important. Celebrations at MCCP have become an integral part of joyful learning, community building and a thought provoking process. Religious events in particular are celebrated with great enthusiasm, fervour and pride. Children are exposed to the essence of community through stories, discussions and in particular whole school events. Celebrations . . .

· Bring people together, and promote camaraderie.
· Keep traditions going
· Recognise work, goals, or milestones
· Recognise the value of students in our community
· Uplift the human spirit in a sometimes gloomy world
· Help us to learn

As you are all aware the whole College attended Luna Park last Friday celebrating Champagnat Day. It was a glorious day full of excitement and community bonding. The day began with the whole school embarking on our own chartered train from Mortdale and arriving at Milson’s Point.

The staff are so proud of the students’ behaviour and how they presented themselves in their full sports uniform. It is always satisfying and positive to receive commendable comments from the general public. High standards of uniform and grooming make an important statement to the wider community about the College and our commitment to representing ourselves proudly.

Mrs Carmelina Eussen
Assistant Principal
FROM THE REC

On Friday the 3rd of June, Mr Donohue, Ben Jacobs, Scott Britcher and James Pelosi, attended the Marist Super Connect night with Year 12 students from across greater Sydney, in a night of prayer, discussion and a session in the Q and A ABC TV show format. We discussed important social issues for young people, such as making an impact in the world around us even in the smallest aspect, such as climate change, poverty and education. We also learnt about the Marist organisations such as Marist Youth Care, who look after the poor and under privileged, Marist Youth Ministry and Marist Solidarity. It was a night to reflect as well as catch up with Marist students we had interacted with at previous similar events. It was a worthwhile and thought provoking evening for all involved.

Ben Jacobs - Year 12 Student

SCIENCE NEWS

PHYSICS

On Tuesday 14th July, Year 12 Physics students attended the ‘From Ideas to Implementation’ Kickstart workshop at the School of Physics located within The University of Sydney. This workshop is designed to further develop the students’ understanding of the many concepts taught in HSC Physics. The students were shown the new and exciting Sydney Nanoscience Hub, which is one of the most advanced research and teaching facilities in the field of nanoscience, and were encouraged to consider studying in this modern and innovative field of science.

Under the guidance of undergraduates, the students manipulated equipment not found in the average school laboratory. They recreated Hertz’s experiments with radio waves, used liquid nitrogen to cool down a superconductor in order to demonstrate the Meissner Effect by levitating a magnet on top of the superconductor, observed applications of semiconductors including light emitting diodes (LEDs) and observed the Photoelectric Effect. The workshop was well received by the students and hopefully it has opened their eyes to the possibility of a career in Physics.

BIOLOGY

On Friday 27th May, Year 12 Biology students participated in a workshop at the Museum of Human Diseases, located in the University of New South Wales. This excursion was related to the topic ‘The Search for Human Health’ and presented students with the opportunity to observe diseased tissue and body parts up close. Considering that the specimens they were observing had been donated to the University, it was great to see that the students treated the specimens with complete reverence. Throughout the day, students collated information from the many displays shown, specifically looking at infectious and non-infectious diseases and the impact that vaccination programs have in eradicating diseases, both in Australia and worldwide. This excursion was definitely a worthwhile experience for the students, not only in furthering their knowledge and understanding of the impact of disease, but also providing them with a glimpse into university life.

Ms Rachel Thompson - Science Coordinator

Foster a love of deep learning .................................................... DREAM MORE
Celebrate and work hard together ............................................. DO MORE
Engage in critical and creative thinking .................................... LEARN MORE
Nurture all members of our community ..................................... BECOME MORE
### TERM 3 SPORT ROSTER

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VENUE</th>
<th>TRAVEL</th>
<th>DISMISSAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>CBSA - AFL</td>
<td>Olds Park</td>
<td>Walk</td>
<td>3pm from venue</td>
</tr>
<tr>
<td>CBSA - FUTSAL</td>
<td>Golden Goal Soccer Centre/Strathfield</td>
<td>Bus</td>
<td>3pm from school</td>
</tr>
<tr>
<td>SCC - FOOTBALL</td>
<td>Marco Reserve, Panania/Kinch Reserve, Condell Pk</td>
<td>Bus</td>
<td>3.30pm from school</td>
</tr>
<tr>
<td>SCC - BASKETBALL</td>
<td>Bankstown Basketball Stadium</td>
<td>Bus</td>
<td>3.30pm from school</td>
</tr>
<tr>
<td>Year 11 - Boxfit/Spin</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 11 - Gym</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 11 - Football/Touch/Basketball</td>
<td>Olds Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Get Active</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Indoor Sport</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Watersports</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Netball</td>
<td>Penshurst Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Oztag</td>
<td>Penshurst Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7 - Football</td>
<td>Penshurst Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 7/8 - Dance</td>
<td>School</td>
<td>N/A</td>
<td>2.20pm from school</td>
</tr>
<tr>
<td>Year 8/9 Mixed Tennis</td>
<td>Illawarra Tennis Courts</td>
<td>Bus</td>
<td>2.20pm from school</td>
</tr>
<tr>
<td>Year 8/9/10 Boys Indoor Basketball</td>
<td>Hurstville Aquatic Centre</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 8/9/10 Boys Oztag</td>
<td>Renown Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 8/9/10 Boys Football</td>
<td>Gifford Park</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 8/9/10 Mixed Ten-Pin Bowling</td>
<td>AMF Bowling Sylvannia</td>
<td>Bus</td>
<td>2.20pm from school</td>
</tr>
<tr>
<td>Year 8/9/10 Mixed Indoor Sport</td>
<td>Sportsworld Peakhurst</td>
<td>Bus</td>
<td>2.20pm from school</td>
</tr>
<tr>
<td>Year 8/9/10 Mixed Table-Tennis</td>
<td>School</td>
<td>N/A</td>
<td>2.20pm from school</td>
</tr>
<tr>
<td>Year 9/10 Gym</td>
<td>Punchys Gym Oatley</td>
<td>Walk</td>
<td>2.20pm from venue</td>
</tr>
<tr>
<td>Year 10 Tennis</td>
<td>Roberts Rd Tennis Courts</td>
<td>Bus</td>
<td>2.20pm</td>
</tr>
<tr>
<td>Year 12 Study Time</td>
<td>School</td>
<td>N/A</td>
<td>2.20pm from venue</td>
</tr>
</tbody>
</table>

PLEASE NOTE: CBSA/SCC Sporting teams on occasions may run late, therefore dismissal time could be later than stated.

---

**SPORTING ACHIEVEMENTS**

Congratulations to Jamie Lawler who was selected in the Under 15 NSWCCC Touch Football team.

---

**CBSA/SCC SPORT RESULTS**

**FOOTBALL**
- Junior: 2-1 loss to Marrickville
- Intermediate: 1-0 loss to Five Dock
- Senior: 4-1 defeated Marrickville

**NETBALL**
- Year 7: Defeated Bankstown
- Year 8: Lost to Rosebank

**RUGBY LEAGUE**
- Seniors: 18-8 loss to Cathedral
STUDY SKILLS - JUNE

HOW MUCH TIME SHOULD YOU SPEND ON SCHOOLWORK?

Please take the time to read the following study tips with your child. These study tips are provided by Prue Salter who is an expert in assisting students to develop the skills and techniques necessary to successfully organise and maximise their studies.

In previous tips we have covered the concept of independent learning. In secondary school if you do not have any specific homework or assessments to work on, you are then expected to spend some time that night on independent learning. This is where you ask yourself, what else COULD I be doing that will help me understand my subjects better and improve my results? Examples of independent learning are: reading ahead in your textbook, making a mind map about what you have been learning, doing extra research on a topic that interests you, making study notes, reviewing work you find difficult... the list is limitless!

However schools do not expect students to spend ALL of their time on schoolwork! We want you to play sport, see your friends, spend time with family, do activities you enjoy and have some rest and relax time as well. If you work effectively, then you can do your work for school, but still have a life! So given this, how much time are you expected to spend on schoolwork? It depends on your year level, your school, your parents and your own abilities and goals. First, check your school diary or ask your teacher what is expected at your school. Then discuss these outlines with your parents and see if you can both agree what is right for you.

As a general rule, expected time to spend on schoolwork at home:

JUNIOR YEARS: In the first years of high school students usually do at least half an hour to an hour each day. In many schools it is around 1-1.5 hours on average or 7-10 hours over the whole week.

MIDDLE YEARS: In the middle years of high school it should be at least an hour. In many schools the average is around 1.5-2 hours or 10-14 hours over the whole week.

SENIOR YEARS: In the final years of high school students do at least 1.5-2 hours a day and this will increase as students approach the end of their schooling. Most Year 11 students do 2-3 hours per day (14-21 hours over the whole week) and in Year 12 around 3-4 hours (21-28 hours over the whole week).

Remember this is just a guide. Some parents and some schools will expect more (or less!) so treat these as guidelines.

FAQ 1: What about the weekend?
The amount of time students need to spend on schoolwork on the weekend will depend on their current workload. Most students will need to spend at least the same amount on the weekend on schoolwork as they do during a weeknight. At the same time, it is important not to overdo it! You do need relaxation and time to yourself. It is important to spend time with family and friends and doing things you really enjoy. You also need to ensure you are getting enough sleep.

FAQ 2: What is a fair and realistic amount of time each week to spend on your personal activities?
There is no easy answer. It depends on how well you use your spare time. A student might have absolutely no other activities and oodles of spare time but still do less than half an hour a night of schoolwork. Another student might have huge amounts of extra-curricular activities but manage their time well and easily do 1.5 hours of homework and work for school a day. In fact, if you have lots of time spare you are often less productive in that time. But if you are busy in your life it forces you to be more productive in the time that is available.

FAQ 3: What about going out? How does that fit in with time management?
There is nothing wrong with going out Saturday nights with friends if it is OK with your parents provided that you do some work on Saturday morning or Sunday (or both) and provided you don’t have too late a night – otherwise you will not be able to work very effectively the next day. The key is to find a balance. And avoid the Sunday night blues - where you leave everything to the last minute on the weekend and run out of time.

Mr Moe Akkawy
Director of Pedagogy and Administration
Whether you’re considering further study or looking to start uni for the first time, you can find out all you need to know to make an informed decision about tertiary study at this event.

Speak to students and staff and find out why Notre Dame is one of the highest rated unis in Australia.

Applications will be accepted on the night.

Wednesday 22 June 2016 | 5:00pm to 7:00pm
St Aloysius Parish Hall – 18 Giddings Avenue, Cronulla
Parking available in school yard.

Register at: nd.edu.au/shire

For further information, please email sydney@nd.edu.au or call 02 8204 4404 to speak to one of our Prospective Students Advisors.